

**Sequence of Courses for a Student Majoring in
Nutrition - (NUTR – Option III)
Department of Nutritional Sciences – Texas Christian University**

First Year (Courses are listed by number, title, and credit hour for each semester)

Fall Semester	Spring Semester	Summer
NTDT 10003 Contemporary Issues in Nutrition (NSC, GA) 3	NTDT 10103 Food Preparation 3	(optional)
CHEM 10113 General Chemistry 3	NTDT 20403 Nutrition 3	
MATH 10043 Elementary Statistics (MTH) 3	CHEM 10123/10122 General Chemistry Lec/Lab 5	
SOCI 20213 Introductory Sociology 3	ENGL 10803 Intro Composition (WCO) 3	
CORE 3	CORE 3	

Total Credit Hours 15 (Fall) + 17 (Spring) = 32 Credit Hours for First Year

Second Year (Courses are listed by number, title, and credit hour for each semester)

Fall Semester	Spring Semester	Summer
NTDT 21163 Food and Culture (CA) 3	NTDT 30123 Nutrition Throughout the Life Cycle (WEM) 3	CHEM 30123 Organic Chemistry (if not fulfilled) 3
BIOL 20234 Microbiology (GA,NSC) 4	NTDT 30331 Medical Terminology 1	
ECON 10223 Microeconomics OR ECON 10233 Macroeconomics (SSC) 3	BIOL 20214 Physiology 4	
CHEM 30123 Organic Chemistry or CORE 3	ENGL 20803 Intermed Composition (WCO) 3	
	PSYC 10123 General Psychology (CA) 3	

Total Credit Hours 13 (Fall) + 14 (Spring) = 30 Credit Hours for Second Year

Third Year (Courses are listed by number, title, and credit hour for each semester)

Fall Semester	Spring Semester	Summer
NTDT 30303 Communication and Education for Food, Nutrition, and Dietetics (OCO) 3	NTDT 30313 Food Systems Management 3	(optional)
NTDT 30133 Meal Management OR NTDT 50223 Culinary Medicine Seminar (Spring) 3	NTDT 30333 Medical Nutrition Therapy 3	
NTDT 30144 Quantity Foods 4	NTDT 40403 Research Methods in Nutrition (WEM) 3	
NTDT 30233 Essentials of Dietetics Practice 3	CORE or Elective 3	
CORE or Elective 3	CORE or Elective 3	

Total Credit Hours 16 (Fall) + 15 (Spring) = 33 Credit Hours for Third Year

Fourth Year (Courses are listed by number, title, and credit hour for each semester)

Fall Semester	Spring Semester	Summer
NTDT 40333 Medical Nutrition Therapy II 3	NTDT 50363 Community Nutrition (CSV) 3	
NTDT 40343 Nutritional Biochemistry 3	CORE or Elective 3	
NTDT 50323 Gut Microbiota and Health 3	CORE or Elective 3	
CORE or Elective 3	CORE or Elective 3	
CORE or Elective 3		

Total Credit Hours 15 (Fall) + 12 (Spring) = 27 Credit Hours for Fourth Year

Minimum Credit Hours for Program 120 Minimum Credit Hours for Graduation 120

Curriculum Equivalent: Number of weeks in semester excluding examination time 14-15

1 credit = 1 didactic hour /week; 2 laboratory hours/ week; 3 supervised practice hours/week

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