CURRICULUM VITAE

1. **NAME:** Jada L. Willis, PhD, RDN, LD, FAND

2. **PLACE OF BIRTH AND DATE:** Temple, TX - September 17, 1985

3. **EDUCATIONAL BACKGROUND AFTER HIGH SCHOOL:**

2015	Texas Tech University, Lubbock, TX Major: Nutritional Sciences	PhD
2011	Texas Tech University, Lubbock, TX Major: Nutritional Sciences	MS
2008	Texas A&M University, College Station, TX Major: Nutritional Sciences	BS

4. **FORMAL CONTINUING EDUCATION ASSOCIATED WITH PROFESSIONAL DEVELOPMENT:**

A minimum of 75 hours of continuing education (approved by the Academy of Nutrition and Dietetics) is required every five years to maintain status as a Registered Dietitian Nutritionist (RDN). A minimum of six hours of continuing education (approved by the Texas State Board of Examiners of Dietitians) is required each year to maintain status as a Licensed Dietitian (LD). Hours have been acquired through attendance at meetings of local, state, and national professional organizations, presentations at local, state, and national professional organizations, and publication of articles in referred journals.

06/01/2021-05/31/2026: Current Plan

06/01/2016-05/31/2021: 200 CPE Recorded & Approved

07/26/2010-05/31/2016: 375 CPE Recorded & Approved

See also #5, #15b

5. **PROFESSIONAL CERTIFICATIONS:**

Registered Dietitian Nutritionist: # 1059568, since 2011

Licensed Dietitian in the State of Texas: # DT 84173, since 2011

Interprofessional Education Faculty Development Certificate of Distinction in Interprofessional Education, since November 2021

TCU Koehler Center for Instruction, Innovation & Engagement Hybrid Certification, since May 2020

Interprofessional Education Faculty Development Certificate of Recognition in Interprofessional Education, since January 2019

Certified Level 1 Anthropometrist, International Society for the Advancement of Kinanthropometry, since February 2019

Certified TeamSTEPPS® Master Trainer, since April 2019

Certificate of Training in Adult Weight Management, Commission on Dietetic Registration, since June 2016

6. PRESENT RANK:

Associate Professor, Department of Nutritional Sciences, Texas Christian University

Associate Professor, Department of Medical Education, TCU and UNTHSC School of Medicine

Associate Professor, Department of Nutritional Sciences, member of the Graduate Faculty

Adjunct Assistant Professor, Department of Internal Medicine, Texas College of Osteopathic Medicine, since August 2015-present

Adjunct Assistant Professor, Center for Geriatrics, Institute for Healthy Aging, University of North Texas Health Science Center, since August 2015-present

7. YEAR OF APPOINTMENT TO THE UNIVERSITY, AND RANK:

2021 Associate Professor (Tenured)

2015 Assistant Professor

8. YEAR OF LAST PROMOTION:

2021 Associate Professor (Tenured)

2021 Director, NTDT Graduate Program

2017 Director of Interprofessional Education for the College of Science & Engineering

9. CURRENT AND PREVIOUS PART-TIME/FULL-TIME TEACHING, OTHER THAN AT TCU:

2020-2022 *Associate Professor*
TCU and UNTHSC School of Medicine, Department of Medical Education
Fort Worth, TX

Designed flipped curriculum, including prework, interactive activities, and evaluation methods; co-facilitated lessons for Gastrointestinal and Nutrition (GIN) course to 60 students during May-2021.

2019-2020 *Assistant Professor*
TCU and UNTHSC School of Medicine, Department of Medical Education
Fort Worth, TX

Designed flipped curriculum, including prework, interactive activities, and evaluation methods; co-facilitated lessons for Metabolism and Life Cycle course to 60 students during May-August 2020.

2015-2021 *Adjunct Assistant Professor*
Texas College of Osteopathic Medicine, Department of Internal Medicine UNTHSC
Fort Worth, TX

Created, planned, facilitated, and evaluated curriculum for four centralized interprofessional education (IPE) activities/year in collaboration with the University of North Texas Health

Science Center IPE Curriculum Committee for more than 1,000 students/activity from 12 health professions from five institutions.

2015-2021 *Adjunct Assistant Professor*
Center for Geriatrics, Institute for Healthy Aging, University of North Texas Health Science Center
Fort Worth, TX

Created, planned, and evaluated curriculum; mentored students for four visits per year in collaboration with the University of North Texas Health Science Center SAGE Curriculum Planning Committee for more than 1,300 students each year across eight health professions from two institutions.

2014-2015 *Instructor of Record for Nutritional Biochemistry (NS 4320)*
Texas Tech University, Department of Nutritional Sciences
Lubbock, TX

Created, developed, and instructed lectures for undergraduate course. Evaluated and graded student progress.

2011-2015 *Laboratory Manager for Human Nutrition Laboratory*
Texas Tech University, Department of Nutritional Sciences
Lubbock, TX

Supervised, streamlined, and coordinated data collection/analyses for multiple studies. Maintained proper functioning of lab equipment.

2013-2014 *Graduate Teaching Assistant for Nutritional Biochemistry (NS 4320)*
Texas Tech University, Department of Nutritional Sciences
Lubbock, TX

Created, developed, and instructed lectures for undergraduate course. Evaluated and graded student progress.

2012-2013 *Instructor of Record for Nutrition (NS 2420)*
Texas Tech University, Department of Nutritional Sciences
Lubbock, TX

Created, developed, and instructed lectures for undergraduate course. Evaluated and graded student progress.

2011-2012 *Graduate Assistant*
Texas Tech University, Department of Nutritional Sciences
Lubbock, TX

Created, developed, and instructed lectures for undergraduate course. Evaluated and graded student progress.

2010-2011 *Graduate Research Assistant*
Texas Tech University, Department of Nutritional Sciences
Lubbock, TX

Created and developed standard operatory procedures.

10. PREVIOUS PROFESSIONAL POSITIONS (OTHER THAN THOSE LISTED IN 9):

2012-2014 *PRN Clinical Dietitian*
Grace Medical Center
Lubbock, TX

Conducted nutrition screening, assessment, and evaluation of patients. Provided nutrition education and appropriate counseling to promote behavior modification.

2012-2013 *Clinical Dietitian*
Lea Regional Medical Center
Hobbs, NM

Conducted nutrition screening, assessment, and evaluation of clients. Provided nutrition education and appropriate counseling to promote behavior modification.

2008-2009 *Staff Assistant*
Congressman Lamar Smith, U.S. House of Representatives
Washington, D.C.

Arranged meetings for the Congressman and coordinated tours for constituents.

11. EXTERNAL SUPPORT SOUGHT:

a. Received:

Biomedical Research Laboratories, Effects of a dietary supplement on erythrocyte levels and maximal aerobic capacity, $21,500, *Role: Assisted in grant writing for PI, Fall 2012.*

b. Not Received:

Smartphone/mobile body composition technologies and racial/ethnic disparities. Mississippi Center for Clinical and Translational Research (MCCTR), $200,000, Fall 2021. Role: *Mentor and Co-PI.*

The effect of a ketogenic and high-carbohydrate diet on measures of appetite in highly-trained male and female cyclists, The American College of Sports Medicine (ACSM) Doctoral Grant, $4980, Spring 2020. Role: Mentor and Co-PI.

Pediatric mobile health partnership to promote pediatric minority health and healthy behaviors, U.S. Department of Health and Human Services (HHS) Office of Minority Health (OMH) grant submission (MP-CPI-17-004), $1,100,000, August 2017. Role: Co-PI.

12. INTERNAL GRANTS SOUGHT:

a. Received:

The transgenerational effects of diet on gene expression, microbiome, and prevention of Alzheimer's disease. TCU Invests in Scholarship (TCU IS), PI: Dr. Michael Chumley. Co-PIs: Dr. Gary Boehm, Dr. Jada L. Willis, Dr. Matthew Hale, and Dr. Michael Allen, $20,000, Spring 2022.

Impact of COVID-19 on eating behaviors and physical activity. Andrews Institute of Mathematics & Science Education Research Grants Program, $1,940, Spring 2021.

Prevalence and perceptions of nutrition, caffeine use, supplement use, and recovery and sleep strategies in endurance athletes. SERC Graduate Research Grant (GR 200410**)**, $1,000, Fall 2020.

A pilot study: the metabolic effects of capsaicin on college-aged men. SERC Undergraduate Research Grant, $1,500, Spring 2019.

A pilot study: actual versus perceived health status of college students. SERC Undergraduate Research Grant, $1,500, Spring 2019.

The use of a culinary medicine course to improve nutrition knowledge, attitudes, and behaviors of teachers in the K-12 setting. Andrews Institute of Mathematics & Science Education Research Grants program, $2,200, Fall 2018 (Co-investigator: Dr. Anne VanBeber).

Junior Faculty Summer Research Program recipient, College of Science & Engineering, $6,000, Summer 2018.

Hunger and satiety responses to high-fat meals of varying fatty acid composition. College of Science & Engineering Research and Creative Activity Fund. $4,500.00, Spring 2018.

Does knowledge of dietary fats alter blood lipid levels? SERC Undergraduate Research Grant, $857, Spring 2018.

Developing a best practices model for implementing a Food Recovery Network at the university level Honors Thesis, SERC Undergraduate Research Grant, $314, Spring 2017.

Building your meal: What makes children choose what they eat. Alma and Robert D. Moreton Research Award, $3,500, Fall 2016 (Co-investigators: Drs. Carol Howe and Gina Alexander).

Junior Faculty Summer Research Program recipient, $6,000, Summer 2016.

Using behavior change modification therapy to promote weight loss and prevent weight regain in college-age, overweight females, TCU Research and Creative Activity Fund, $3889.00, Spring 2016.

Certificate of Training in Adult Weight Management Program, TCU Instructional Development Grant, $2,073.00, Spring 2016.

Hunger, satiety, & metabolic responses to high-fat meals of varying fatty acid composition, SERC (Science & Engineering Research Committee) Student Undergraduate Research Grant, $1,500, Fall 2015.

b. Not Received:

International Union of Nutritional Sciences 21st International Congress of Nutrition, Texas Christian University Instructional Development Grant, $3,970, Spring, 2017.

13. THESES (RECITALS) AND DISSERTATIONS DIRECTED:

a. Graduate Student Theses and Dissertations, * denotes graduate student:
There are no graduate courses offered in the Department of Nutritional Sciences.

2021-2024 Samantha Finkenstaedt*, Medical school student, Diet, supplementation, and nutrition counseling during pregnancy, TCU and UNTHSC School of Medicine. Role: Scholarly Pursuit and Thesis Mentor.

2021-2023 Paige Braden*, Doctoral student. *Effects of plant-based diet on inflammation and amyloid beta in Alzheimer's Disease in C57/BL6 mice*. Neurobiology of Aging Collaborative Laboratory,

Department of Psychology and Biology. Role: Dissertation Committee Member.

2020-2021 Siri Tummala*, Medical school student, College students' changes in eating and physical activity related to the Covid-19 pandemic, TCU and UNTHSC School of Medicine. Role: Scholarly Pursuit and Thesis Mentor.

2019-2021 Austin J. Graybeal*, Doctoral candidate. *The role of diet composition and fat-free mass on appetite regulation,* Department of Kinesiology. Role: Co-advisor and Co-chair.

Paige Braden*, Master's student. *Effects of plant-based diet on inflammation and amyloid beta in Alzheimer's Disease in C57/BL6*. Neurobiology of Aging Collaborative Laboratory, Department of Psychology and Biology. Role: Thesis Committee Member.

2019-2020 Petra Rack*, Master's student. *The effect of diet composition on performance, energy expenditure, and blood lipids in highly trained cyclists,* Department of Kinesiology. Role: Thesis Committee Member.

2017-2019 Randi Proffitt Leyva*, Doctoral candidate. *Examining the impact of childhood environmental unpredictability on ghrelin dysregulation*, Department of Psychology. Role: Doctoral Committee Member.

2016-2017 Sarah Bailey*. *The effect of an acute bout of exercise on high-sugar meal induced endothelial dysfunction*, Department of Kinesiology. Role: Thesis Committee Member.

b. Undergraduate Student Honors Theses, ** denotes undergraduate student:

2020-2022 Katie Couris** and Daphne Thomas**. *Enhanced Recovery™ supplementation on omega-3 index of NCAA DI track & field and cross-country athletes*, Department of Nutritional Sciences. Role: Faculty Chair.

2021-2021 Mady Whitcher** *The use of a culinary medicine course to improve nutrition knowledge, attitudes, and behaviors of teachers in the K-12 setting,* Department of Nutritional Sciences. Role: Honors Thesis Committee Member.

2019-2021 Olivia Spears** and Elena Hurd**. *Registered Dietitians' recommendations for nutrition education and interprofessional education in medical school curriculum*, Department of Nutritional Sciences. Role: Faculty Chair for Olivia Spears; Honors Thesis Committee Member for Elena Hurd.

2018-2020 Jessica Mertes**, Anna Graves**, Isabella Marzan**, and Lydia Natalia Andonie Meermann**. *A pilot study: The metabolic effects of capsaicin on college-aged men,* Department of Nutritional Sciences. Role: Faculty Chair.

Carter Clatterbuck** and Jena Littlefield**. *Overall health status and actual versus perceived health status of the TCU student population aged 18-24,* Department of Nutritional Sciences. Role: Faculty Chair.

2017-2019 Lexi Endicott**. *A model for developing a food recovery network chapter at the university level*, Department of Nutritional Sciences. Role: Faculty Chair.

Amber Deckard** and Cassidy Shabay**. *Does knowledge of dietary fats alter blood lipid levels?,* Department of Nutritional Sciences. Role: Faculty Chair.

Jade Frederickson** and Ginny Ho**. *Student athlete compliance to Eat2Win: A study regarding behaviors to sports nutrition knowledge delivered via mobile application*, Department of Nutritional Sciences. Role: Co-mentor and Honors Thesis Committee Member.

2016-2018 Sarah Schad**. *When the label lies: The impact of child socioeconomic environment on restrictive eating and energy consumption in adulthood,* Department of Psychology. Role: Honors Thesis Committee Member.

Laura Panzone**. *Control of transglottal airflow in vowels and connected speech of speakers with Parkinson's Disease*, Department of Speech Pathology. Role: Honors Thesis Committee Member.

2015-2017 Nichole Benedict**, Chandler Bourff**, and Maria Martinez**. *Effects of vegan ingredient substitution on ice cream sensory test,* Department of Nutritional Sciences. Role: Honors Thesis Committee Member.

Leigh Mattson** and Katie Shamoon**. *Determining why college students follow fad diets*, Department of Nutritional Sciences. Role: Honors Thesis Committee Member.

Jaci Clay**, Grace Niestrom**, Erin Owen**, and Melissa Simons**. *Examination of portion sizes of regular cheese pizzas from a variety of casual restaurants in Fort Worth, TX*, Department of Nutritional Sciences. Role: Honors Thesis Committee Member.

Anna Schwartz**, Molly Knudsen**. *Female menstrual cycle and chocolate cravings in college-aged health professions women*, Department of Nutritional Sciences. Role: Honors Thesis Committee Member.

Miguel Lopez** and Danielle Rivera**. *Hunger, satiety, & metabolic responses to high-fat meals of varying fatty acid composition*, Department of Nutritional Sciences, Department of Nutritional Sciences. Role: Honors Thesis Committee Member.

2015-2016 Morgan DeCuir**. *Quality of life experiences in families and significant others of survivors of head and neck cancer,* Department of Nursing Studies and Scholarship. Role: Honors Thesis Committee Member.

14. PRESENTATION OF SCHOLARLY AND CREATIVE ACTIVITIES:

a. Refereed publications, invitational or juried shows, critically evaluated performance, scholarly monographs:

Refereed Publications:

Graybeal, A.J*, J.L. Willis, E. Morales-Marroquin, G.M. Tinsley, S.E. Messiah, and M. Shah. 2022, Emerging evidence of the relationship between fat-free mass and ghrelin, glucagon-like-peptide-1, and peptide-YY. *Nutrition.* Status*: Accepted.*

Braun-Trocchio R., K. Harrison, A. Williams, A. Kreutzer, A.J. Graybeal, P. Rack, J. Renteria, K. Moss, G.R. Augsburger, J.L. Willis, and M. Shah. 2022, The effects of a ketogenic diet on perceived exertion and mood in highly-trained cyclists and triathletes: A comparison with high and habitual carbohydrate diets. *J of Functional Morphology and Kinesiology*. *Status: In press.*

Graybeal, A.J.*, A. Kreutzer*, J.L. Willis, R. Trocchio, K. Moss*, and M. Shah. 2022, The impact of dieting culture is different between sexes in endurance athletes: a cross-sectional analysis. *BMC Sports Sci Med Rehabil* 14, 157. https://doi.org/10.1186/s13102-022-00549-4.

Graybeal A.J*, A. Kreutzer*, J.L. Willis, K. Moss*, R. Braun-Trocchio, and M. Shah. 2022, Age drives the differences in dietary supplement use in endurance athletes: A cross-sectional analysis of cyclists, runners, and triathletes. *J Diet Suppl.* 1-19. https://doi.org/10.1080/19390211.2022.2056670.

Graybeal, A.J*, B. Helms, K. Couris**, D. Thomas**, T. Johnston**, V. Dahan*, N. Escobedo*, and J.L. Willis. 2022, Improved physiological markers of omega-3 status and compliance with omega-3 supplementation in division I track and field and cross-country athletes: A randomized controlled crossover trial. *Intl J Sport Nutr Exerc Metab*. Status: *In press.* https://doi.org/10.1123/ijsnem.2021-0253.

Fisher, K., J. Watson, J.L. Willis, D.A. Hawley, D.L. Jackson, J.J. Severance, and T.B. Carroll. 2021, Collective perceptions of aging and older persons held by students from eight healthcare professions. *J Appl Gerontol*. https://doi.org/10.1177/07334648211061734.

Kreutzer, A.*, A.J. Graybeal*, P.P. Rack*, K. Moss*, G.R. Augsburger, J.L. Willis, R. Braun-Trocchio, and M. Shah. 2021, Ketogenic and high-carbohydrate diets in cyclists and triathletes: Performance indicators and methodological considerations from a pilot study. *SportRXiv*. https://doi.org/10.51224/SRXIV.19.

Willis, J.L., D.A. Hawley, J. Watson, D.L. Jackson, J.J. Severance, T.B. Carroll, J.A. Knebl. 2021, Impact of interprofessional geriatric teamwork on students' perceptions of older persons and collaborative practice. *Gerontol Geriatr Educ*. https://doi.org/10.1080/02701960.2021.1979971.

Shah, M., A. Gloeckner*, S. Bailey*, B. Adams-Huet*, A. Kreutzer*, D. J. Cheek, J.L. Willis, and J. Mitchell. 2021, Effect of a late afternoon/early evening bout of aerobic exercise on postprandial lipid and lipoprotein particle responses to a high-sugar meal breakfast the following day in postmenopausal women: A randomized cross-over study. *J of Sports Sci.* https://doi.org/10.1080/02640414.2021.1982497.

Graybeal, A.J.*, J.L. Willis, A. Kreutzer*, K. Moss*, R. Trocchio, and M. Shah. 2021, Nutrition beliefs and practices among endurance athletes. *A Supplement to the J Acad of Nutr Diet*. Supp1 1 – Abstracts 121(9):A-27. https://doi.org/10.1016/j.jand.2021.06.068.

Graybeal, A.J.*, A. Kreutzer*, P. Rack*, K. Moss*, G. Augsburger*, J.L. Willis, R. Braun-Trocchio, and M. Shah. 2021, Perceptions of appetite do not match hormonal measures of appetite in trained competitive cyclists and triathletes following a ketogenic diet compared to a high-carbohydrate or habitual diet: a randomized crossover trial. *Nutr Res*. 93:111-123. https://doi.org/10.1016/j.nutres.2021.07.008.

Walker, D., J.L. Willis, L. Adams, L. Jackson, D. Hawley, J. Watson, T. Orwig, K. Morgan, and S. Suzuki. 2021, Common reading as a foundation for interprofessional education. *J Interprof Educ Pract*. 24. https://doi.org/10.1016/j.xjep.2021.100457.

Graybeal A.J.*, M. Shah, and J.L. Willis. 2021, Manipulation of fatty acid composition in a high-fat meal does not result in differential alterations in appetite or food intake in normal weight females: a single-blind randomized crossover study. *Appetite*. 160. https://doi.org/10.1016/j.appet.2020.105085.

Graybeal, A.J.*, J.L. Willis. 2020, Body composition, not dietary fatty acid composition, explains metabolic responses following a high-fat meal in premenopausal normal-weight women: A single-blind, randomized, crossover study. *Brit J of Nutr*. 1-11. doi:10.1017/S0007114520004419.

Son, Y.*, J. Cox*, J.L. Stevenson, J.A. Cooper, and C. Paton. 2020, Angiopoietin-1 protects 3T3-L1 pre-adipocytes from saturated fatty acid-induced cell death. *Nutr Res*. 76:20-28. https://doi.org/10.1016/j.nutres.2020.02.007.

Willis, J.L., C.J. Howe, and G.K. Alexander. 2019, Assessing MyPlate familiarity and typical meal composition using food models in children aged 7-13, *Int J Child Health Nutr*. 8: 128-135. https://doi.org/10.6000/1929-4247.2019.08.04.3.

Kaviani, S.*, C.M. Taylor*, J.L. Stevenson, J.A. Cooper, C.M. Paton. 2019, A 7-day high-PUFA diet reduces angiopoietin-like protein 3 and 8 responses and postprandial triglyceride levels in healthy females but not males: a randomized control trial, *BMC Nutr.* 5:1. https://doi.org/10.1186/s40795-018-0262-7.

Stevenson, J.L., C.J. Howe, and G.K. Alexander. 2018, A cross-sectional study on MyPlate awareness in children 7-13 years of age, A Supplement to the *J Acad of Nutr Diet*. Suppl – Abstracts 118(9):SA93. https://doi.org/10.1016/j.jand.2018.06.125.

Howe, C.J., C Van Scoyoc, G. Alexander, and J.L. Stevenson. 2018, Poor performance of children 7-13 years old on the Newest Vital Sign, *Health Lit Res Pract*. 2(4):e175-179. https://doi.org/10.3928/24748307-20180830-01.

Howe, C.J., G. Alexander, and J.L. Stevenson. 2017, Parents' underestimations of child weight: implications for obesity prevention, *J Pediatr Nurs.* 37:57-61. doi: 10.1016/j.pedn.2017.06.005.

Stevenson, J.L., C.M. Paton, and J.A. Cooper. 2017, Hunger and satiety responses to high-fat meals after a high polyunsaturated fat diet: A randomized trial, *Nutrition*. 41:14-23. https://doi.org/10.1016/j.nut.2017.03.008.

Stevenson, J.L., M.K. Miller, H.E. Skillman, C.M. Paton, and J.A. Cooper. 2016, A PUFA-rich diet improves fat oxidation following saturated fat-rich meal, *Eur J Nutr*. 56(5):1845-1857. doi: 10.1007/s00394-016-1226-9.

Stevenson, J.L., S. Krishnan, M.M. Inigo, A.D. Stamatikos, J.U. Gonzales, and J.A. Cooper. 2016, Echinacea-based dietary supplement does not increase maximal aerobic capacity in endurance-trained men and women. *J Diet Suppl*. 13(3):324-38. doi: 10.3109/19390211.2015.1036189.

Stevenson, J.L., H.C. Clevenger, and J.A. Cooper. 2015, Hunger and satiety responses to high-fat meals of varying fatty acid composition in women with obesity, *Obesity.* 23:1980-1986. doi: 10.1002/oby.21202.

Clevenger, H.C., J.L. Stevenson**,** and J.A. Cooper. 2015, Metabolic responses to dietary fatty acids in obese women. *Physiol Behav.* 139:73-79. doi: 10.1016/j.physbeh.2014.11.022.

Stevenson, J.L., S. Krishnan, M.A. Stoner, Z. Goktas, and J.A. Cooper. 2013, Effects of exercise during the holiday season on changes in body weight, body composition, and blood pressure, *Eur J Clin Nutr*. 67:944-949. doi: 10.1038/ejcn.2013.98.

Paton, C.M., M.P. Rogowski, A.L. Kozimor, J.L. Stevenson**,** H.C. Chang, J.A. Cooper, and J.M. Ntambi. 2013, Lipocalin-2 increases fatty acid oxidation in vitro and is correlated with postprandial energy expenditure in normal weight but not obese women, *Obesity.* 21(12):E640-E648. doi: 10.1002/oby.20507.

Stevenson, J.L., H. Song, and J.A. Cooper. 2012, Age and sex differences pertaining to modes of locomotion in triathlons, *Med Sci Sports Exec.* 45(5):976-984. doi: 10.1249/MSS.0b013e31827d17eb.

b. Non-refereed Publications:

Deckard, A.** and J.L. Stevenson. The effect of knowledge, behaviors and attitudes toward dietary fatty acids on blood lipid levels. *The Boller Review. October 9, 2019.* https://bollerreview.tcu.edu/article/view/110.

c. Proceedings:

Graybeal, A.J.*, J.L. Willis, A. Kreutzer*, K. Moss*, R. Trocchio, and M. Shah. Nutrition beliefs and practices among endurance athletes. Food & Nutrition Conference & Expo (FNCE), Virtual, October 16-19, 2021.

Graybeal, A.J, A. Kreutzer, P. Rack, K. Moss, G. Augsburger, J.L. Willis, R. Trocchio, and M. Shah. Appetite alterations in endurance athletes following the ketogenic diet. *International Journal of Exercise Science*: Conference Proceedings. *IJESAB* 2021. 2(13): 47. https://digitalcommons.wku.edu/ijesab/vol2/iss13/47.

Glockener A*, Bailey S*, Kreutzer A*, Garrity E*, Adams *L, Cook C*, Shah M, Adams-Huet B, Cheek D, Stevenson J.**,** and Mitchell J. The effects of prior aerobic exercise on lipid and lipoprotein responses following a high-carbohydrate meal in postmenopausal women. International Journal of Exercise Science: Conference Proceedings: 2018;2(10): article 80. Texas American College of Sports Medicine, Austin, TX, March 1-2, 2018.

Stevenson, J.L.**,** C.M. Paton, and J.A. Cooper. November 6, 2015, Acute metabolic responses to high-fat meals before and after a 7-day poly-unsaturated-rich diet, The Obesity Society, Los Angeles, CA.

d. Magazine/Newsletter Articles:

Willis, J.L. Keto or high carb? TCU Endeavors Magazine, Spring 2021. Link: https://20auvj44da9p3u0ps1z9avfg-wpengine.netdna-ssl.com/wp-content/uploads/2021/02/KETO-or-HIGH-CARB.pdf.

Willis, J.L. Making a difference. *Tarrant County*, Winter 2020.

Howe, C. G. Alexander, and J.L. Willis. Tipping the Scales: Researchers find that parents' misperceptions make it hard to fight childhood obesity. *TCU Magazine*, Winter 2020.
Howe, C., G. Alexander, and J.L. Stevenson. Clouded Judgment: Addressing childhood obesity can become especially challenging if parents are blind to it. *TCU Endeavors Magazine*, Spring 2019.

Stevenson, J.L., C.M. Paton, and J.A. Cooper. Diets rich in polyunsaturated fats may alter appetite hormones among millennials, June 15, 2017. Link: https://www.eurekalert.org/pub_releases/2017-06/es-dri061417.php.

Stevenson, J.L., C.M. Paton, and J.A. Cooper. Diets rich in polyunsaturated fats may alter appetite hormones among millennials, June 15, 2017. Link: http://www.prnewswire.com/news-releases/diets-rich-in-polyunsaturated-fats-may-alter-appetite-hormones-among-millennials-300474384.html.

Stevenson, J.L., M.K. Miller, H.E. Skillman, C.M. Paton, and J.A. Cooper. Eating diet high in polyunsaturated fats can strengthen opposite effects of 'splurge' meals, investigate finds, June 10, 2016. Link: http://today.ttu.edu/posts/2016/06/eating-diet-high-in-polyunsaturated-fats-can-strengthen-opposite-effects-of-splurge-meals-investigate-finds.

Stevenson, J.L., M.K. Miller, H.E. Skillman, C.M. Paton, and J.A. Cooper. "Magic pill" counters the ill-effects of a junk food splurge, June 7, 2016. Link: http://easyhealthoptions.com/magic-pill-counters-the-ill-effects-of-a-junk-food-splurge/.

Stevenson, J.L., M.K. Miller, H.E. Skillman, C.M. Paton, and J.A. Cooper. Eating diet high in polyunsaturated fats can strengthen opposite effects of 'splurge' meals, investigate finds, June 2, 2016. Link: http://latesttechnology.space/eating-diet-high-in-polyunsaturated-fats-can-protect-against-effects-of-splurge-meals-study-finds/.

Stevenson, J.L., M.K. Miller, H.E. Skillman, C.M. Paton, and J.A. Cooper. Eating diet high in polyunsaturated fats can protect against effects of 'splurge' meals, study finds, June 1, 2016. Link: http://news.uga.edu/releases/article/high-polyunsaturated-fat-splurge-meals-0616/.

Stevenson, J.L., M.K. Miller, H.E. Skillman, C.M. Paton, and J.A. Cooper. A PUFA-rich diet improves fat oxidation following saturated fat-rich meal. May 18, 2016. Link: http://www.walnuts.org/health-and-walnuts/health-research/a-pufa-rich-diet-improves-fat-oxidation-following-saturated-fat-rich-meal/.

Stevenson, J.L., S. Krishnan, M.A. Stoner, Z. Goktas, and J.A. Cooper. Effects of the holiday season on changes in body weight and health parameters – 5 Myths and Facts about Holiday Weight Gain. *Health Magazine* Dec 2013. Link: http://news.health.com/2013/12/19/5-myths-and-facts-about-holiday-weight-gain/.

e. Materials or activities scheduled but not yet printed, released, or presented:

Proffit-Leyva, R.*, G. Boehm., J.L. Willis, D. Cheek, J. Gassen*, S. Mengelkoch*, and S.E. Hill. 2022, Examining the impact of childhood environment unpredictability on ghrelin dysregulation and eating in the absence of hunger. Status: *Manuscript preparation.*

f. Materials under active review by external editors:

T.S. Harlan…., and J.L. Willis. 2022. Virtual Teaching Kitchen Classes and Atherosclerotic Cardiovascular Disease Prevention Counseling Among Medical Trainees. *BMJ Nutrition, Prevention, & Health*. Status: *Under peer review: 2nd round of revisions.*

g. Papers presented, participation on panels, etc., at state, national/international scholarly meetings:

Tummala, S.*, and J.L. Willis. College students' changes in eating and physical activity related to the COVID-19 pandemic. The Obesity Society, Obesity Week 2021, Virtual, November 1-5, 2021.

Graybeal, A.J.*, J.L. Willis, A. Kreutzer*, K. Moss*, R. Trocchio, and M. Shah. Nutrition beliefs and practices among endurance athletes. Food & Nutrition Conference & Expo (FNCE), Virtual, October 16-19, 2021.

Braun-Trocchio, R. A. Kreutzer*, A.J Graybeal*, P. Rack*, K. Harrison*, A. Williams*, J. Renteria*, E. Warfield*, G. Augsburger*, K. Moss*, J.L. Willis, and M. Shah. The effect of diet composition on mood in highly trained cyclists: A pilot study, North American Society for the Psychology of Sport and Physical Activity (NASPSPA) conference. Virtual, June 2021.

Graybeal, A.J*, A. Kreutzer*, P. Rack*, K. Moss*, G. Augsburger*, J.L. Willis, R. Trocchio, and M. Shah. Appetite alterations in endurance athletes following the ketogenic diet. International Journal of Exercise Science: Conference Proceedings. *IJESAB.* Virtual, February 25-26, 2021.

Dority, D.H., J.L. Willis, G.J. Hill, E. Hurd**, O. Spears**, and E. Estrada**. Registered dietitians' recommendations for nutrition education and interprofessional education in medical school curriculum, Texas Academy of Nutrition & Dietetics Annual Conference and Exhibition (ACE), April 8-10, 2021.

Graybeal, A.J*, and J.L. Willis. Fat-free mass drives postprandial energy expenditure following a high-fat meal regardless of fatty acid composition: a single-blind randomized crossover study. The Obesity Society Annual Meeting. Virtual, November 2-6, 2020.

Graybeal, A.J *, and J.L. Willis. Subjective ratings of appetite following the consumption of high-fat meals of varying compositions in normal weight women: A single-blind randomized crossover study, Texas Academy of Nutrition & Dietetics Annual Conference and Exhibition (ACE), Georgetown, TX, April 2-4, 2020.

Clatterbuck, C.**, J. Littlefield**, A.J. Graybeal*, and J.L. Willis. A pilot study: actual versus perceived health status of college students, Texas Academy of Nutrition & Dietetics Annual Conference and Exhibition (ACE), Georgetown, TX, April 2-4, 2020.

Mertes, J.E.**, A.A. Graves**, I. Marzan**, L.N. Andonie**, A.J Graybeal*, and J.L. Willis. The metabolic effects of capsaicin on college-aged men: a randomized, double-blind, placebo-controlled, crossover pilot study, Texas Academy of Nutrition & Dietetics Annual Conference and Exhibition (ACE), Georgetown, TX, April 2-4, 2020.

Watson, J.B., S. Jevas-Roegels, L. Jackson, B. Timson, and J.L. Willis. Strengthening teamwork in concussion management: a hybrid interprofessional student training. 2020 National Academies of Practice (NAP) Annual Meeting & Forum, San Diego, CA, March 13-14, 2020.

Willis, J.L., D. Hawley, D.L. Jackson, J. Watson, J. Knebl, and N. Saville. Seniors assisting in interprofessional practice and education of student healthcare teams. Collaborating Across Borders VII, Indianapolis, IN, October 22, 2019.

Jackson, L., D. Hawley, J.L. Stevenson, L. Dart, J. Knebl, and N. Saville. Student Perceptions of and Learning from the SAGE Interprofessional Educational Experience. 9th International Conference on Social Work in Health and Mental Health, York, UK. July 22-26, 2019.

Alexander, G.K., C.J. Howe, J.L. Stevenson, and D. Cockerham. Museum-based academic partnerships: feasibility for food literacy and health-related research, Fort Worth Museum of Science & History, Fort Worth, TX, June 1, 2019.

Stevenson, J.L., L. Dart, D. Hawley, D.L. Jackson, J. Knebl, and N. Saville. Seniors assisting in interprofessional education of student healthcare teams, Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Arlington, TX, April 11, 2019.

Deckard, A.**, C. Shabay**, and J.L. Stevenson. The effect of knowledge, behaviors, and attitudes toward dietary fatty acids on blood lipid levels, Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Arlington, TX, April 11, 2019.

Endicott, L.**, J.L. Stevenson, L. Dart, and G. Hill. A model for implementing a food recovery program at the university level, Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Arlington, TX, April 11, 2019.

Frederickson, J.**, G. Ho**, J.L. Stevenson, B. Helms, A. VanBeber, and L. Dart**.** Student athlete compliance to Eat2Win: A study regarding behaviors to sports nutrition knowledge delivered via mobile application, Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Arlington, TX, April 11, 2019.

Stevenson, J.L., L. Dart, D. Hawley, D.L. Jackson, J. Knebl, and N. Saville. Seniors assisting in interprofessional education of student healthcare teams, Texas Interprofessional Education Consortium Bi-Annual Meeting, Oral presentation, Houston, TX, April 4, 2019.

Schwarz, B., C. Carroll, K. Bell, J. Rangel, S. Combs, L. Allender, S. Jevas, J.L. Stevenson, D. Jackson, and C. Gibson. Helping students understand the relevance of IP collaboration using a regional population health crisis: a story of maternal mortality in Texas. 2019 National Academies of Practice (NAP) Annual Meeting & Forum, Oral Workshop Presentation, Arlington, VA, March 7-9, 2019.

Stevenson, J.L., C.J. Howe, and G.K. Alexander. A cross-sectional study on MyPlate awareness in children 7-13 years of age, Food & Nutrition Conference & Expo (FNCE), Washington, D.C., October 23, 2018.

Hawley, D., J.L. Stevenson, L. Jackson, L. Dart, N. Saville, J. Knebl. Seniors assisting in interprofessional education of student healthcare teams: A win-win-win for all, American Geriatrics Society 2018 Annual Scientific Meeting, Orlando, FL, May 3-5, 2018.

Mattson, L.**, K. Shamoon**, L. Dart, A. VanBeber, and J.L. Stevenson. Determining why college students follow fad diets, Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Houston, TX, April 13, 2018.

Howe, C.J., G.K. Alexander, and J.L. Stevenson. Parent awareness and knowledge of child overweight & obese status and health related consequences. Southern Nursing Research Society, Atlanta, GA, March 21-24, 2018.

Glockener, A*, S. Bailey *, A. Kreutzer *, E. Garrity *, L. Adams *, C. Cook *, M . Shah, B. Adams-Huet, C. Cheek, J. Stevenson, J. Mitchell. The effects of prior aerobic exercise on lipid and lipoprotein responses following a high-carbohydrate meal in postmenopausal women. International Journal of Exercise Science: Conference Proceedings: 2018;2(10): article 80. March 2018 Texas American College of Sports Medicine, Austin, TX, March 1-2, 2018.

Stevenson, J.L., M.A. Lopez**, and D.B. Rivera**. Effects of dietary high-fat meals on acute metabolic responses in normal weight, premenopausal women. The Obesity Society Annual Meeting, Washington, D.C., October 29-November 2, 2017.

Kaviani, S.*, J.L. Stevenson, C.M. Paton, and J.A. Cooper. Angiopoietin-like Protein 3 levels in response to a high PUFA diet. The Obesity Society Annual Meeting, Washington, D.C., October 29-November 2, 2017.

Howe, C., G. Alexander, and J.L. Stevenson. Assessing health literacy in children with the newest vital sign, International Conference on Communication in Healthcare & Health Literacy Annual Research Conference (ICCH&HARC), Baltimore, MD, October 8-11, 2017.

Rack, P.P.**, J.L. Stevenson, C.J. Howe, and G. Alexander. MyPlate - Children's awareness and ability to build a plate that meets MyPlate standards, Northeast District Meeting American Association of Family & Consumer Sciences (AAFCS) Texas Affiliate, Fort Worth, TX, October 6, 2017.

A. VanBeber, L. Dart, J.L. Stevenson, D. D'Agostino, P. Smith-Barbaro, D. Farmer, K. Argenbright, K. Aspegren, D. Monlezun, L. Sarris, and T. Harlan. Culinary Medicine: Interprofessional nutrition education strengthens collaborative practice among health professions students. Collaborating Across Borders VI, Banff, Canada, October 1-4, 2017.

Bell, N.**, E. Schiesler**, N. Sisk**, A. VanBeber, L. Dart, J.L. Stevenson, D. D'Agostino, P. Smith-Barbaro, D. Farmer, K. Argenbright, K. Aspegren, D. Monlezun, L. Sarris, and T. Harlan. Culinary Medicine and a multisite longitudinal study: cooking for health optimization with patients (CHOP), Health Meets Food: The Culinary Medicine Conference™. New Orleans, LA, June 8-11, 2017.

Howe, C., G. Alexander, and J.L. Stevenson. Parental underestimations of child weight, U.S.-SINO Conference, Pittsburg, PA, June 4-6, 2017.

Alexander, G.K., L. Bashore, C. Howe, J.L. Stevenson, and L. Jackson. Preparing upstream leaders for public health nursing practice and research. Association of Community Health Nursing Educators, Baltimore, MD, June 2017.

Kaviani, S.*, J.L. Stevenson, C.M. Paton, and J.A. Cooper. Postprandial inflammation and coagulation responses to high-fat meals rich in saturated fatty acids. Experimental Biology, Chicago, IL, April 22-26, 2017.

Rivera, D.B.**, M.A. Lopez**, and J.L. Stevenson. Composition of high-fat meals did not affect postprandial subjective measures of hunger and satiety nor subsequent intake at the next meal. Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Georgetown, TX, March 29-April 1, 2017.

Lopez, M.A.**, D.B. Rivera**, and J.L. Stevenson. An analysis of metabolic feedback to high-fat meals of assorted fatty acid composition. Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Georgetown, TX, March 29-April 1, 2017.

VanBeber, A., L. Dart, J.L. Stevenson, N. Benedict**, C. Bourff**, and M. Martinez**. Effects of vegan ingredient substitution on ice cream sensory test. Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Georgetown, TX, March 29-April 1, 2017.

VanBeber, A., L. Dart, J.L. Stevenson, J. Clay**, G. Niestrom**, E. Owen**, and M. Simons**. Examination of portion sizes of regular cheese pizzas from a variety of casual restaurants in Fort Worth, TX. Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Georgetown, TX, March 29-April 1, 2017.

Schwartz, A.**, M. Knudsen**, M. Shah, J.L. Stevenson, and L. Dart. Female menstrual cycle and chocolate cravings in college-aged health professions women. Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Georgetown, TX, March 29-April 1, 2017.

VanBeber, A., L. Dart, J.L. Stevenson, D. D'Agostino, D. Farmer, K. Argenbright, D. Monlezun, L. Sarris, and T. Harlan. A culinary medicine course improves clinical nutrition proficiency of health professions students, Phi U Conclave, Oklahoma City, OK, September 22-25, 2016.

Stevenson, J.L., C.M. Paton, and J.A. Cooper. Hunger and satiety responses to saturated fat-rich meals before and after a high PUFA diet. Presented at the Experimental Biology Annual Meeting, San Diego, CA, April 2016.

Stevenson, J.L., C.M. Paton, and J.A. Cooper. Acute metabolic responses to high-fat meals before and after a 7-day high polyunsaturated diet. Presented at The Obesity Society Annual Meeting, Los Angeles, CA, November 2015.

Stevenson, J.L., C.M. Paton and J.A. Cooper. Acute metabolic responses to high-fat meals before and after a 7-day poly-unsaturated-rich diet. Presented at the Fourteenth Annual Graduate Student Research Poster Competition, Texas Tech University, Lubbock, TX, April 2015. – Second Place Poster in Division

Miller, M.M.,** J.L. Stevenson, C.M. Paton and J.A. Cooper. The male and female blood lipid responses to a seven-day polyunsaturated fat diet following a three-day control diet. Presented at the Undergraduate Research Poster Competition, Texas Tech University, Lubbock, TX, March 2015.

Stevenson, J.L., A.D. Stamatikos, S. Krishnan, M.M. Inigo, J.U. Gonzales and J.A. Cooper. Echinacea based supplement does not improve markers of performance in athletes. Presented at the ACSM Annual Meeting, Orlando, FL, May 2014.

Harold, M.C., J.L. Stevenson, and J.A. Cooper. The metabolic effect of high saturated fat meals before and after a 7-day diet rich in polyunsaturated fats. Presented at the Undergraduate Research Poster Competition, Texas Tech University, Lubbock, TX, April 2014.

Stevenson, J.L., and J.A. Cooper. Acute metabolic responses to high-fat meals rich in saturated fatty acids before and after a 7-day high poly-unsaturated diet. Presented at the Thirteenth Annual Graduate Student Research Poster Competition, Texas Tech University, Lubbock, TX, March 2014. – First Place Poster in Division

Clevenger, H.C., J.L. Stevenson, and J.A. Cooper. Acute effect of dietary fatty acid saturation on postprandial thermogenesis and substrate oxidation in normal weight and obese females. Presented at the Thirteenth Annual Graduate Student Research Poster Competition, Texas Tech University, Lubbock, TX, March 2014.

Stevenson, J.L., M.M. Inigo, A.D. Stamatikos, J.U. Gonzales, and J.A. Cooper. Effects of a dietary supplement on erythrocyte levels and maximal aerobic capacity. Presented at the Twelfth Annual Graduate Student Research Poster Competition, Texas Tech University, Lubbock, TX, March 2013.

Stevenson, J.L., H.C. Clevenger, and J.A. Cooper. Satiety responses to high-fat meals of varying fatty acid composition in obese women. Presented at The Obesity Society Annual Meeting, Atlanta, GA, November 2013.

Stevenson, J.L., H. Song, and J.A. Cooper. Age and sex differences pertaining to modes of locomotion in triathlons. Presented at the ACSM Annual Meeting, San Francisco, CA, May 2012.

Stevenson, J.L., H. Song, and J.A. Cooper. Age and sex differences pertaining to modes of locomotion in triathlons. Presented at the Eleventh Annual Graduate Student Research Poster Competition, Texas Tech University, Lubbock, TX, March 2012 – First Place Poster in Division

Paton, C.M., M.P. Rogowski, A.L. Kozimor, J.L. Stevenson, H.C. Chang, J.A. Cooper, and J.M. Ntambi. Lipocalin-2 expression increases adipocyte fatty acid oxidation through PPARϭ. Presented at the Eleventh Annual Graduate Student Research Poster Competition, Texas Tech University, Lubbock, TX, March 2012.

Paton, C.M., M.P. Rogowski, A.L. Kozimor, J.L. Stevenson, H.C. Chang, J.A. Cooper, and J.M. Ntambi. Lipocalin-2 expression increases adipocyte fatty acid oxidation through PPARϭ. Presented at The Obesity Society Annual Meeting, San Antonio, TX, September 2012.

Stevenson, J.L., A. Boles, A. Crumley, K. Louder and J.A. Cooper. Effects of a community-based health and fitness program on weight, body composition, and chronic disease risk factors: a pilot study. Presented at The Obesity Society Annual Meeting, Orlando, FL, October 2011.

Stevenson, J.L., A. Boles, A. Crumley, K. Louder and J.A. Cooper. Effects of a community-based health and fitness program on weight, body composition, and chronic disease risk factors: a pilot study. Presented at the Tenth Annual Graduate School Research Poster Competition, Texas Tech University, Lubbock, TX, April 2011.

h. Student research presented at the TCU College of Science & Engineering (CSE) Michael and Sally McCracken Student Research Symposium (SRS):

E. Estrada**, O. Spears**, E. Hurd**, Dority, D.H., G.J. Hill and J.L. Willis. Registered Dietitians' Recommendations for Nutrition Education and Interprofessional Education in Medical School Curriculum, CSE Michael and Sally McCracken SRS. TCU, Fort Worth, TX, April 17, 2020.

Clatterbuck, C.**, J. Littlefield**, A.J. Graybeal*, and J.L. Willis. A pilot study: actual versus perceived health status of college students, CSE Michael and Sally McCracken SRS. TCU, Fort Worth, TX, April 17, 2020.

Mertes, J.E. **, A.A. Graves**, I. Marzan**, L.N. Andonie**, A.J. Graybeal*, and J.L. Willis. The metabolic effects of capsaicin on college-aged men: a randomized, double-blind, placebo-controlled, crossover pilot study, CSE Michael and Sally McCracken SRS. TCU, Fort Worth, TX, April 17, 2020.

Deckard, A.**, C. Shabay**, and J.L. Stevenson, The effect of knowledge, behaviors, and attitudes toward dietary fatty acids on blood lipid levels, CSE Michael and Sally McCracken SRS. TCU, Fort Worth, TX, April 12, 2019.

Endicott, L.**, J.L. Stevenson, L. Dart, and G. Hill. A model for implementing a food recovery program at the university level, CSE Michael and Sally McCracken SRS. TCU, Fort Worth, TX, April 12, 2019.

Frederickson, J.**, G. Ho**, J.L. Stevenson, and L. Dart. Student athlete compliance to Eat2Win: A study regarding behaviors to sports nutrition knowledge delivered via mobile application, CSE Michael and Sally McCracken SRS. TCU, Fort Worth, TX, April 12, 2019.

Mattson, L.**, K. Shamoon**, L. Dart, A. VanBeber, and J.L. Stevenson. Determining why college students follow fad diets, CSE Michael and Sally McCracken SRS. TCU, Fort Worth, TX, April 20, 2018.

Rivera, D.B. **, M.A. Lopez**, and J.L. Stevenson. Composition of high-fat meals did not affect postprandial subjective measures of hunger and satiety nor subsequent intake at the next meal. CSE Michael and Sally McCracken SRS. TCU, Fort Worth, TX, April 21, 2017.

Lopez, M.A.**, D.B. Rivera**, and J.L. Stevenson. An analysis of metabolic feedback to high-fat meals of assorted fatty acid composition. CSE Michael and Sally McCracken SRS. TCU, Fort Worth, TX, April 21, 2017.

VanBeber, A., L. Dart, J.L. Stevenson, N. Benedict**, C. Bourff**, and M. Martinez**. Effects of vegan ingredient substitution on ice cream sensory test. CSE Michael and Sally McCracken SRS. TCU, Fort Worth, TX, April 21, 2017.

VanBeber, A., L. Dart, J.L. Stevenson, J. Clay**, G. Niestrom**, E. Owen**, and M. Simons**. Examination of portion sizes of regular cheese pizzas from a variety of casual restaurants in Fort Worth, TX. CSE Michael and Sally McCracken SRS. TCU, Fort Worth, TX, April 21, 2017.

Schwartz, A.**, M. Knudsen**, M. Shah, J.L. Stevenson, and L. Dart. Female menstrual cycle and chocolate cravings in college-aged health professions women. CSE Michael and Sally McCracken SRS. TCU, Fort Worth, TX, April 21, 2017.

15. DEVELOPMENT OF ACCREDITATION MATERIALS AND ACTIVITIES FOR PROFESSIONAL PROGRAMS IN DIETETICS:

a. Coordinated Program in Dietetics - Developed rotations, materials, and assignments for:

2020 Interprofessional Education (IPE); Seniors Assisting in Geriatric Education (SAGE).

2019 Supervised Practice in General Dietetics (NTDT 30306): Culinary Medicine Program (Moncrief Cancer Institute); Meals on Wheels, Inc.; Birdville Independent School District; Texas Agrilife Extension Services; Garden Education; Women, Infants, and Children; Blue Zones; Interprofessional Education; Tarrant Area Food Bank; Mothers' Milk Bank of North Texas; Food Recovery Network.

2018 Supervised Practice in General Dietetics (NTDT 30306): Culinary Medicine Program (Moncrief Cancer Institute); Meals on Wheels, Inc.; Birdville Independent School District; Food Recovery Network; Texas Agrilife Extension Services; Garden Education; Women, Infants, and Children; Blue Zones; Interprofessional Education; Tarrant Area Food Bank; TCU Wellness Gold Food Challenge; TCU Wellness Gold: The Social Media Project; Mothers' Milk Bank of North Texas; My Bariatric Solutions.

2017 Supervised Practice in General Dietetics (NTDT 30306): Culinary Medicine Program (Moncrief Cancer Institute); Meals on Wheels, Inc.; Birdville Independent School District; Texas Agrilife Extension Services; Garden Education; Women, Infants, and Children; Blue Zones; Interprofessional Education; Tarrant Area Food Bank; TCU Wellness Gold.

2016 Supervised Practice in General Dietetics (NTDT 30306): Culinary Medicine Program (Moncrief Cancer Institute), Meals on Wheels, Inc., Birdville Independent School District, Texas Agrilife Extension Services, Resource Connection Community Garden, Women, Infants, and Children.

2015 Supervised Practice in General Dietetics (NTDT 30306): Culinary Medicine Program (Moncrief Cancer Institute), Meals on Wheels, Inc., Birdville Independent School District, Texas Agrilife Extension Services, Resource Connection Community Garden, Women, Infants, and Children.

b. TCU Department of Nutritional Sciences Advisory Boards – External Constituents:

2021 NTDT Advisory Board Meeting: Members include dietetics and nutrition professionals from the community, Texas Christian University, October 27, 2021.

2019 NTDT Advisory Board Meeting: Members include dietetics and nutrition professionals from the community, Texas Christian University, March 26, 2019.

2016 NTDT Advisory Board Meeting: Members include dietetics and nutrition professionals from the community, Texas Christian University, January 26, 2016.

16. EDITORSHIPS, CONSULTANTSHIPS, PROFESSIONAL AND CREATIVE ACTIVITIES, AND PROFESSIONAL ENGAGEMENTS:

a. Consultantships/Editorships:

2021 Associate Professor, TCU and UNTHSC School of Medicine, Department of Medical Education

Adjunct Assistant Professor in the Center for Geriatrics in the Institute for Healthy Aging

Adjunct Instructor, Department of Internal Medicine & Geriatrics, Texas College of Osteopathic Medicine, University of North Texas Health Science Center

Health Meets Food: The Culinary Medicine Curriculum (HMF) Research Committee, National

Research Poster Review Committee – Goldring Center for Culinary Medicine Health Meets Food Conference

2020 Module Director, Assistant Professor, TCU and UNTHSC School of Medicine, Department of Medical Education

Adjunct Assistant Professor in the Center for Geriatrics in the Institute for Healthy Aging

Adjunct Instructor, Department of Internal Medicine & Geriatrics, Texas College of Osteopathic Medicine, University of North Texas Health Science Center

University of North Texas Health Science Center Interprofessional Education Curriculum Committee

University of North Texas Health Science Center Seniors Assisting in Geriatric Education (SAGE) Curriculum Planning Committee

2019 Module Director, Assistant Professor, TCU and UNTHSC School of Medicine, Department of Medical Education

Adjunct Assistant Professor in the Center for Geriatrics in the Institute for Healthy Aging

Adjunct Instructor, Department of Internal Medicine & Geriatrics, Texas College of Osteopathic Medicine, University of North Texas Health Science Center

University of North Texas Health Science Center Interprofessional Education Curriculum Committee

University of North Texas Health Science Center Seniors Assisting in Geriatric Education (SAGE) Curriculum Planning Committee

Research Abstract Review Chair – Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition

2018 Adjunct Assistant Professor in the Center for Geriatrics in the Institute for Healthy Aging

Adjunct Instructor, Department of Internal Medicine & Geriatrics, Texas College of Osteopathic Medicine, University of North Texas Health Science Center

University of North Texas Health Science Center Interprofessional Education Curriculum Committee

University of North Texas Health Science Center Seniors Assisting in Geriatric Education (SAGE) Curriculum Planning Committee

Texas Representative – Academy of Nutrition and Dietetics Food & Nutrition Conference Expo Public Policy Workshop

Manuscript Reviewer for the *Journal of Interprofessional Education & Practice*

Research Abstract Review Co-Chair – Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition

2017 Adjunct Assistant Professor in the Center for Geriatrics in the Institute for Healthy Aging

Adjunct Instructor, Department of Internal Medicine & Geriatrics, Texas College of Osteopathic Medicine, University of North Texas Health Science Center

University of North Texas Health Science Center Interprofessional Education Curriculum Committee

University of North Texas Health Science Center Seniors Assisting in Geriatric Education (SAGE) Curriculum Planning Committee

Research Poster Review Committee – Goldring Center for Culinary Medicine Health Meets Food Conference

Research Abstract Review Co-Chair – Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition

2016 Adjunct Assistant Professor in the Center for Geriatrics in the Institute for Healthy Aging

Adjunct Instructor, Department of Internal Medicine & Geriatrics, Texas College of Osteopathic Medicine, University of North Texas Health Science Center

University of North Texas Health Science Center Interprofessional Education Curriculum Committee

University of North Texas Health Science Center Seniors Assisting in Geriatric Education (SAGE) Curriculum Planning Committee

Manuscript Reviewer for the *Gastroenterology Nursing Journal*

Manuscript Reviewer for the *Journal of the Academy of Nutrition and Dietetics*

2015 University of North Texas Health Science Center Interprofessional Education Curriculum Committee

University of North Texas Health Science Center Seniors Assisting in Geriatric Education (SAGE)

Curriculum Planning Committee

Manuscript Reviewer for the *Gastroenterology Nursing Journal*

b. Professional Engagements (Attendance at Scholarly Meetings):

2022 Diversity, Inclusion, and Belonging, TCU, August, 2022.

Preventing Harassment and Discrimination: Non-Supervisors with Title IX/Clery Module, TCU, August 3, 2022.

Code of Conduct: Workplace Conduct, TCU, August 3, 2022.

2021 Social and Behavioral Responsible Conduct of Research, CITI Program Training, January 25, 2021.

Dietary Guidelines for Americans, 2020-2025: What RDNs Need to Know – Working Together to Help Americans Make Every Bite Count, March 31, 2021.

Understanding the Guidelines for Rank at the School of Medicine Module, Academic Career Planning Series, MD Faculty Affairs, TCU and UNTHSC School of Medicine, April 6, 2021.

Writing Your Personal Statement Module, Academic Career Planning Series, MD Faculty Affairs, TCU and UNTHSC School of Medicine, April 6, 2021.

Texas Academy of Nutrition and Dietetics Virtual Conference and Exhibition (ACE), *Virtual*. April 8-10, 2021.

Pediatric Malnutrition: Define. Document. Defeat. Texas Academy of Nutrition and Dietetics, ACE, April 8, 2021.

Welcome from Academy President and Keynote Address. Texas Academy of Nutrition and Dietetics, ACE, April 8, 2021.

Impacts of Social Media and the Ethical Implications of Mis/Disinformation for Registered Dietitians. Texas Academy of Nutrition and Dietetics, ACE, April 9, 2021.

Diversity and Inclusion for Cultural & Competent Care in Black Indigenous and People of Color (BIPOC) Clients. Texas Academy of Nutrition and Dietetics, ACE, April 9, 2021.

Omega 3 Supplementation: Evidence Based Support for Client Recommendations. Texas Academy of Nutrition and Dietetics, ACE, April 9, 2021. Add to CDR. 1 hour

The Power of Moments. Texas Academy of Nutrition and Dietetics, ACE, April 9, 2021.

Diversity and Dietetics Panel, Texas Academy of Nutrition and Dietetics, ACE, April 9, 2021.

Answering Difficult Questions: Responding to Nutrition Noise in Media and Beyond, Texas Academy of Nutrition and Dietetics, ACE, April 9, 2021.

Getting (and staying) Funded: Not Easily Said or Done, TCU Office of Research, April 9, 2021.

Preparing your CV and Academic Portfolio Module, Academic Career Planning Series, MD Faculty Affairs, TCU and UNTHSC School of Medicine, April 28, 2021.

Learn to Play the Google Game, TCU Virtual Preceptor Appreciation Luncheon, April 30, 2021.

2020 Zoom Training/Overview – Session 2, Koehler Center for Instruction, Innovation, and Engagement, March 16, 2020.

Creating Course Videos Using Panopto, Koehler Center for Instruction, Innovation, and Engagement, March 17, 2020.

Using the Discussions Tool, Koehler Center for Instruction, Innovation, and Engagement, March 17, 2020.

Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition (ACE), Georgetown, TX, April 2-4, 2020. **Cancelled due to Covid-19.

Building Your Course, Koehler Center for Instruction, Innovation, and Engagement, April 24, 2020.

Managing My Course, Koehler Center for Instruction, Innovation, and Engagement, April 27, 2020.

Hybrid Consultation, Koehler Center for Instruction, Innovation, and Engagement, May 5, 2020.

Grand Rounds: The Psychology of Assessment & Evaluation: Methods, Milestones, and Meaning, MD Faculty Development, TCU & UNTHSC School of Medicine, June 30, 2020.

Using New Classroom Technology with Zoom – Session 6, August 5, 2020.

2019 Texas Christian University Preceptor Workshop. January 29, 2019.

Interprofessional Education Faculty Development, UNTHSC, January 31, 2019.

Interprofessional Education Collaborative (IPEC) Interprofessional Leadership Development Program (ILDP), Washington, D.C., February 8, 2019.

Human Subjects Researcher (Social-Behavioral-Educational) CITI Program Training, March 6, 2019.

TCU CSE Honors Symposium, March 29, 2019.

TeamSTEPPS® Master Training, Houston, TX, April 3, 2019.

Texas Interprofessional Education (IPE) Consortium Bi-annual Meeting, Houston, TX, April 4, 2019.

Institutional Biosafety Committee Member Training, April 5, 2019.

Basic Introduction to Biosafety, CITI Program Training, April 5, 2019.

Personal Protective Equipment, CITI Program Training, April 5, 2019.

Emergency and Incident Response to Biohazard Spills and Releases, April 5, 2019.

Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Arlington, TX, April 11, 2019.

Texas Christian University Preceptor Luncheon. How to create your dream job in dietetics. Robin Plotkin, RDN, LD. Fort Worth, TX, April 30, 2019.

OSHA Bloodborne Pathogens, CITI Program Training, September 17, 2019.

Researchers, CITI Program Training, September 17, 2019.

Collaborating Across Borders VII, Indianapolis, IN, October 22, 2019.

Train-the-Trainer (T3) Interprofessional Faculty Development Training Program, Charlottesville, VA, November 6-9, 2019.

2018 Harris College of Nursing, Parent & child factors related to obesity knowledge & attitudes: An interprofessional research collaboration in a museum setting, Fort Worth, TX, February, 23, 2018.

Texas Interprofessional Education Consortium Bi-annual Meeting, Galveston, TX, March 28-30, 2018.

Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Houston, TX, April 12-15, 2018.

Texas Christian University Preceptor Luncheon. Fort Worth, TX. TCU Food Recovery Network presented by Jaci Clay and Lexi Endicott. Fort Worth, Texas. May 1, 2018.

Texas Academy of Nutrition and Dietetics Leadership Orientation, Lubbock, TX, June 6-8, 2018.

The Culinary Medicine Conference™, New Orleans, LA, June 14-16, 2018.

Cultivating Confidence, Texas Academy of Nutrition and Dietetics Northeast Region Webinar, June 21, 2018.

Optimize Sports Performance: It all comes down to timing, Texas Academy Northeast Region Webinar, June 26, 2018.

UNTHSC SAGE Retreat, Fort Worth, TX, August 3, 2018.

Interprofessional Education Faculty Development, UNTHSC, September 20, 2018.

Interprofessional Education Faculty Development, UNTHSC, October 18, 2018.

Food & Nutrition Conference & Expo, Washington, D.C., October 20-23, 2018.

Public Policy Workshop, Washington, D.C., October 24, 2018.

Interprofessional Education Faculty Development, UNTHSC, November 15, 2018.

Interprofessional Education Faculty Development, UNTHSC, December 13, 2018.

2017 Advisory Council Meeting January 26, 2017.

NTDT Advisory Board Meeting, January 31, 2017.

Texas Social Work Association Meeting, February 2, 2017.

Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition, Georgetown, TX, March 30-April 1, 2017.

Teaching Observation of NTDT 30123, TCU Koehler Center for Teaching Excellence, April 6, 2017.

Texas Christian University Preceptor Luncheon. Fort Worth, TX. Addressing Food Waste in Cowtown presented by Johanna Calderon and Pete Smith. Fort Worth, Texas. May 2, 2017.

Team-based Learning Training with UT Tyler Pharmacy, May 30-June 1, 2017.

The Culinary Medicine Conference™. New Orleans, LA, June 8 – 11, 2017.

Conflict of Interest, CITI Program Training, July 28, 2017.

SAGE Retreat 2017, August 11, 2017.

Preceptor Workshop. Fort Worth, TX. September 12, 2017.

Collaborating Across Borders, Banff, Canada, October 3-6, 2017.

Mid-semester Analysis Poll of NTDT 30303, TCU Koehler Center for Teaching Excellence, October 4, 2017.

2016 Academic Advising Professional Development Workshop Honors Advisor Professional Development, January 20, 2016.

Department of Nutritional Sciences External Advisory Board Meeting, January 26, 2016.

Teaching & Learning Conversations, Koehler Center for Teaching Excellence workshop, February 9, 2016.

Developing Grading Rubrics, Koehler Center for Teaching Excellence workshop, February 16, 2016.

Teaching Analysis Poll. NTDT 40403, Koehler Center for Teaching Excellence. February 23, 2016.

Teaching Analysis Poll. NTDT 30123 Koehler Center for Teaching Excellence. February 24, 2016.

FrogFolio Lunch & Learn. Koehler Center for Teaching Excellence. March 30, 2016.

Texas Academy of Nutrition and Dietetics Annual Conference and Exhibition. Arlington, TX, April 27-29, 2016.

Texas Christian University Preceptor Luncheon. Communication for Leadership Development presented by Tyler Fisher. Fort Worth, TX. April 26, 2016.

Nutrigenetics, Nutrigenomics and Precision Nutrition Short Course, UNC Nutrition Research Institute and the UNC Nutrition and Obesity Research Center, Kannapolis, NC. May 22-26, 2016.

Tarrant County Food Policy Council Meeting. Fort Worth, TX. June 2, 2016.

Academy of Nutrition and Dietetics, Beyond the role play: tips and tricks for teaching motivational interviewing, June 6, 2016.

Certificate of Training in Adult Weight Management, Commission on Dietetic Registration, Salt Lake City, UT, June 10-12, 2016.

LearningStudio Timed Exam Workshop. Koehler Center for Teaching Excellence workshop, July 26,

2016.

Evaluating Participation, Preparedness, and Professionalism, Koehler Center for Teaching Excellence workshop. August 15, 2016.

Alan Alda Center for Communicating Science Workshop, College of Science & Engineering, September 23, 2016.

The Obesity Society Annual Meeting, New Orleans, LA, October 31-November 4, 2016.

2015 Texas Christian University Preceptor Luncheon. From Food Deserts to Community Gardens and Beyond: How Fort Worth Communities Are Fighting Food Insecurity (with a Little Help from TCU Students). Fort Worth, TX. April 30, 2015.

Tarrant County Food Policy Council General Meeting, August 6, 2015.

Texas Academy of Nutrition and Dietetics Leadership Orientation. Dallas, TX. August 14-15, 2015.

LearningStudio Demo and Information Session, Koehler Center for Teaching Excellence, August 20, 2015.

Tarrant Area Academy of Nutrition and Dietetics Meeting, Fort Worth, TX, August 26, 2015.

Texas Christian University Preceptor Workshop. Fort Worth, TX. September 1, 2015.

Dallas Academy of Nutrition and Dietetics Meeting, Dallas, TX, September 29, 2015.

Tarrant County Food Policy Council Meeting, Fort Worth, TX, October 1, 2015.

Biological Safety Training, College of Science & Engineering, TCU, October 20, 2015.

General Lab Safety Training, College of Science & Engineering, TCU, October 20, 2015.

Protecting Human Research Participants, NIH, October 20, 2015.

Teaching Observation of NTDT 30123, TCU Koehler Center for Teaching Excellence, October 28, 2015.

SPOT Training for New Faculty TCU Koehler Center for Teaching Excellence, October 30, 2015.

The Obesity Society Annual Meeting, Los Angeles, CA, November 2015.

Tarrant County Food Policy Council Meeting, Fort Worth, TX, December 3, 2015.

Introduction to Research and Responsible Conduct of Research. TCU, December 10, 2015.

2014 TEACH (Teaching Effectiveness and Career EnHancement Program) Fellow within the Teaching, Learning, & Professional Development Center.

TEACH Talk – Facilitating Discussion: Workshop focused on challenging students to think critically and engage with the subject matter and each other.

High Impact Practices – Involving Students in the Learning Process through Research and Service: Workshop focused on strategies to more actively engage students in the learning process through

research and service.

TEACH Talk – Encouraging Student Participation: Roundtable discussion on encouraging thoughtful and productive student participation in a variety of classroom settings.

Using Adobe Presenter to Create Lecture Materials: Training session for the use of technologies for transitioning the classroom to online.

2013 Texas Academy of Nutrition and Dietetics Leadership Orientation, Dallas TX, July 2013.

2012 Texas Academy of Nutrition and Dietetics Leadership Orientation, Corpus Christi, TX, July 2012.

17. ACADEMIC ADVISING ACTIVITIES:

2016-2022 Major advisor for Nutritional Sciences majors as assigned (approximately 25-30 students per year).

18. DEPARTMENTAL SERVICE:

2022 Director, NTDT Graduate Program

Faculty Advisory Committee

Faculty Search Committee

2021 Director, NTDT Graduate Program

Faculty Advisory Committee

Summer Chair (two weeks in July)

2020 Chair, Faculty Advisory Committee

Chair, Nutritional Sciences Research Review Board

Chair, Faculty Search Committee

2019 Co-chair, Nutritional Sciences Research Review Board

Faculty Advisory Committee

Committee Member, Faculty Search Committee

Summer Chair (three weeks in July, one week in August)

2018 Co-chair, Nutritional Sciences Research Review Board

Faculty Advisory Committee

Summer Chair (one week in May, two weeks in July, one week in August)

2017 Co-chair, Nutritional Sciences Research Review Board

Faculty Advisory Committee

Chaperoned two DPD juniors and seniors at the Texas Academy of Nutrition and Dietetics Public Policy Workshop (PPW), Austin, TX.

Summer Chair (one week in June, three weeks in July)

2016 Co-chair, Nutritional Sciences Research Review Board

Faculty Advisory Committee

Summer Chair (two weeks in June, two weeks in July)

2015 Faculty Advisory Committee

19. COLLEGE SERVICE:

2022 CSE College Advisory Committee

2021 CSE Dean's Search Committee

CSE Michael and Sally McCracken Student Research Symposium (SRS) Committee

CSE College Advisory Committee

2020 CSE Director of Interprofessional Education

CSE SciCom IdeaBoard

CSE Michael and Sally McCracken Student Research Symposium (SRS) Committee

2019 Director of Interprofessional Education

Co-chair, CSE Michael and Sally McCracken Student Research Symposium (SRS) Committee

2018 CSE Director of Interprofessional Education

CSE Michael and Sally McCracken Student Research Symposium (SRS) Committee

CSE Honors Research Symposium Committee

2017 CSE Michael and Sally McCracken Student Research Symposium (SRS) Committee

2016 CSE Michael and Sally McCracken Student Research Symposium (SRS) Committee

20. UNIVERSITY SERVICE:

2022 Faculty Advisor to the TCU School of Medicine American College of Lifestyle Medicine Interest Group (LMIG)

TCU and UNTHSC School of Medicine HEALTH (Helping Educate Learning Together Through Health) Advisory Board

TCU Institutional Biosafety Committee

2021 TCU and UNTHSC School of Medicine Audio-Based Response (L3) Rater. Screened 127

Applicants (~9 minutes each) for a total of over 19 hours.

TCU and UNTHSC School of Medicine HEALTH (Helping Educate Learning Together Through Health) Advisory Board

Faculty Advisor to the TCU and UNTHSC School of Medicine American College of Lifestyle Medicine Interest Group (LMIG)

TCU Undergraduate Council

TCU Undergraduate Council Ad Hoc Committee

TCU Institutional Biosafety Committee
TCU Institutional Review Board for Human Subjects Research Committee

2020 TCU and UNTHSC School of Medicine Audio-Based Response (L3) Rater

TCU and UNTHSC School of Medicine HEALTH (Helping Educate Learning Together Through Health) Advisory Board

TCU Undergraduate Council

TCU Institutional Biosafety Committee

TCU Institutional Review Board for Human Subjects Research Committee

TCU Inquiry Committee, appointed by Dr. Floyd Wormley, Associate Provost for Research, Dean of Graduate Studies

TCU Interprofessional Education, Research, and Practice Council

2019 TCU Undergraduate Council

TCU Student Organizations Committee

TCU Institutional Biosafety Committee

TCU Wellness Council

TCU Institutional Review Board for Human Subjects Research Committee

TCU Interprofessional Education, Research, and Practice Council

TCU Assistant Graduate Marshall Spring 2019 Graduation

TCU and UNTHSC Maternal Mortality Committee

TCU Interprofessional Education TeamSTEPPS Planning Committee
TCU, UNTHSC, and UTA Interprofessional Education Common Reading Planning Committee

2018 TCU Student Organizations Committee

TCU Institutional Biosafety Committee

TCU Wellness Council

TCU Interprofessional Education, Research, and Practice Council

2017 TCU Student Organizations Committee

TCU Institutional Biosafety Committee

TCU Interprofessional Education, Research, and Practice Council

2016 TCU Interprofessional Education, Research, and Practice Council

2015 TCU Interprofessional Education, Research, and Practice Council

21. COMMUNITY ACTIVITIES DIRECTLY RELATED TO PROFESSIONAL SKILLS:

a. Quotes as the "Nutrition Expert" in the Popular Press (Magazine, Newspaper, Television, Radio, Electronic Media):

Magazines:

2021 Willis, J.L. Keto or high carb? TCU Endeavors Magazine, Spring 2021. Link: https://20auvj44da9p3u0ps1z9avfg-wpengine.netdna-ssl.com/wp-content/uploads/2021/02/KETO-or-HIGH-CARB.pdf.

2020 Deckard, A.** and J.L. Stevenson. The effect of knowledge, behaviors and attitudes toward dietary fatty acids on blood lipid levels. *The Boller Review. October 9, 2019.* Link: https://bollerreview.tcu.edu/article/view/110.

Willis, J.L. Making a difference. *Tarrant County*, Winter 2020. Friend of Extension Award Winner. Link: https://tarrant-tx.tamu.edu/files/2020/04/Winter-2020-side-by-side.pdf.

Howe, C., G. Alexander, and J.L. Willis. Is my child overweight? MyPlate and other nutritional guidelines can help parents understand childhood obesity. TCU Magazine, Winter 2020. Link: https://magazine.tcu.edu/winter-2020/carol-howe-childhood-obesity/.

2019 Howe, C., G. Alexander, and J.L. Willis. Clouded Judgment: Addressing childhood obesity can become especially challenging if parents are blind to it. Endeavors: Research, Scholarship and Creative Activity at TCU, April 12, 2019. Link: https://endeavors.tcu.edu/clouded-judgment/.

Television/Radio:

2017 TCU360 interview, "Rec reaching 'busy season' as students get in shape for spring break, February 1, 2017. Link: https://www.tcu360.com/2017/02/rec-reaching-busy-season-as-students-get-in-shape-for-spring-break/.

Electronic Media:

2017 TCU360 interview, "Rec reaching 'busy season' as students get in shape for spring break, February 1, 2017. Link: https://www.tcu360.com/2017/02/rec-reaching-busy-season-as-students-get-in-shape-for-spring-break/.

b. Nutrition Presentations to Community/Academic Groups:

2021 Willis, J.L. Teaching Tips & Tricks: Teaching award recipients and senior scholars give helpful information for graduate students to excel in teaching duties. TCU Office of Graduate Studies, Fort Worth, TX, October 7, 2021.

2019 Stevenson, J.L., L. Dart, D. Hawley, D.L. Jackson, J. Knebl, and N. Saville. Seniors assisting in interprofessional education of student healthcare teams, Texas Interprofessional Education Consortium Bi-Annual Meeting, Oral presentation, Houston, TX, April 4, 2019.

Stevenson, J.L. Variety is the spice of life. Science on Tap, Fort Worth Museum of Science & History, Fort Worth, TX, March 30, 2019.

2018 Howe, C., G. Alexander, and J.L. Stevenson. Harris College of Nursing. Parent & child factors related to obesity knowledge & attitudes: An interprofessional research collaboration in a museum setting, Fort Worth, TX, February, 23, 2018.

2017 Stevenson, J.L. Dietary Supplements 101, TCU Kinesiology Department, Fort Worth, TX, November 9, 2017.

Dart, L., J.L. Stevenson, and A. VanBeber. A culinary medicine course improves clinical nutrition proficiency of health professions students. Texas Academy of Nutrition and Dietetics Annual Conference & Exhibition, Georgetown, TX, March 31, 2017.

Howe, C., G. Alexander, and J.L. Stevenson. Parental underestimations of child weight, U.S.-SINO Conference, Pittsburg, PA, June 4-6, 2017.

Stevenson, J.L. Area Health Education Center Camp Med, Fort Worth, TX, July 17, 2017.

2016 Stevenson, J.L. Area Health Education Center Camp Med, Fort Worth, TX, August 17, 2016.

2015 Stevenson, J.L. Fatty acids and their impact on hunger and satiety hormones, inflammation, and coagulation, U.S. Foodservice Seminar, Lubbock, TX, May 20, 2015.

2014 Stevenson, J.L. Public Policy, Lubbock Academy of Nutrition and Dietetics, Lubbock, TX, September 23, 2014.

Stevenson, J.L. Health and Nutrition, Programs for Academic Development and Retention (PADR) 0021, Lubbock, TX, August, 2014.

2013 Stevenson, J.L. Public Policy, Lubbock Academy of Nutrition and Dietetics, Lubbock, TX, September 11, 2013.

Stevenson, J.L. Healthy Lifestyle, Tips for Teens, Y*100 camp at Lubbock Christian University, Lubbock, TX, June 24, 2013.

2012 Stevenson, J.L. Hints for a Healthier Holiday, Delta Gamma Sorority, Lubbock, TX, November 19, 2012.

Stevenson, J.L. RD/LDs Engaging in Legislation, Lubbock Academy of Nutrition and Dietetics, Lubbock, TX, July 21, 2012.

2010 Stevenson, J.L. Healthy Snacking, Texas Agriculture Extension Service, Lubbock, TX, October 12,

2010.

c. Miscellaneous Community Activities Related to Nutrition and Food:

2019 TCU and UNTHSC School of Medicine Junior Medical School: Nutrition and Disease, July 23, 2019.

TCU and UNTHSC School of Medicine Junior Medical School: Nutrition and Disease, July 30, 2019.

Blue Zones Grocery Store Tour, Tom Thumb, Fort Worth, TX, September 11, 2019.

Culinary Medicine, Moncrief Cancer Institute, Fort Worth, TX, October 9, 16, 23, 30, November 6, and 13, 2019.

TCU 4-H Food Challenge, Texas A&M AgriLife Extension Tarrant County, Fort Worth, TX, November 2, 2019.

2018 Culinary Medicine, Moncrief Cancer Institute, Fort Worth, TX, September 26, October 3, 10, 17, 24, and November 7, 2018.

Blue Zones Grocery Store Tour, Tom Thumb, Fort Worth, TX, September 27, October 4, 23, 30, and 31, 2018.

TCU 4-H Food Challenge, Texas A&M AgriLife Extension Tarrant County, Fort Worth, TX, November 10, 2018.

TCU Wellness Gold Food Challenge, Fort Worth, TX, November 28, 2018.

2017 Completed more than 200 hours in sports nutrition for the Assistant Athletics Director of Sports Nutrition, Texas Christian University from August-October, 2017.

Culinary Medicine, Moncrief Cancer Institute, Fort Worth, TX, September 13, 20, 27, October 4, 11, and 18, 2017.

Hunger Action Day, Tarrant Area Food Bank, Fort Worth, TX, September 14, 2017.

Blue Zones Grocery Store Tour, Albertsons, Fort Worth, TX, September 21, October 5, 25, November 28, 30, and December 5, 2017.

TCU 4-H Food Challenge, Texas A&M AgriLife Extension Tarrant County, Fort Worth, TX, November 11, 2017.

TCU Wellness Gold Food Challenge, Fort Worth, TX, November 29, 2017.

2016 Culinary Medicine, Moncrief Cancer Institute, Fort Worth, TX, September 14, 21, 28, October 5, 12, 19, 2016.

Blue Zones Grocery Store Tour, Central Market, Fort Worth, TX, September 20, October 6, 19, November 1, 2016.

TCU 4-H Food Challenge, Texas A&M AgriLife Extension Tarrant County, Fort Worth, TX, November 12, 2016.

TCU Wellness Gold Food Challenge, Fort Worth, TX, November 30, 2016.

2015 Culinary Medicine, Moncrief Cancer Institute, Fort Worth, TX, September 16, 23, 30, October 14, 21, and 28 2015.

Food Day Event, Texas Christian University, Fort Worth, TX, October 23, 2015.

TCU 4-H Food Challenge, Texas A&M AgriLife Extension Tarrant County, Fort Worth, TX, November 7, 2015.

TCU Wellness Gold Food Challenge, Fort Worth, TX, November 23, 2015.

2014 U.S. Foods: Food and Nutrition Seminar, The College of Human Sciences, Texas Tech University, Lubbock, TX, May, 2015.

2012 Athlete Cooking Seminar, Texas Tech University, Lubbock, TX, February 20, March 6, April 3, and April 17, 2012.

2011 U.S. Foods: Food and Nutrition Seminar, The College of Human Sciences, Texas Tech University, Lubbock, TX, May, 2011.

2010 Science, It's a Girl Thing: Summer Camp, Texas Tech University, Lubbock, TX, June, 2010.

22. MEMBERSHIPS IN PROFESSIONAL ORGANIZATIONS (INCLUDE OFFICES HELD):

2019-2023 The International Society for the Advancement of Kinanthropometry

2021-2022 American College of Lifestyle Medicine (*Membership Number: 20337*)

2021-2022 Women's Health Dietetic Practice Group

2018-2022 Northeast Region of the Texas Academy of Nutrition and Dietetics

2014-2022 Nutrition and Dietetic Educators and Preceptors (NDEP), a Practice Group of the Academy of Nutrition and Dietetics

2007-2022 Academy of Nutrition and Dietetics

2007-2022 Texas Academy of Nutrition and Dietetics (TAND)

Chair, Awards Coordinator (2017-2019)

Chair, Research and Education (2018-2019)

Co-chair, Research and Education (2017-2018)

Nominating Committee (2015-2017)

2018-2021 Texas Interprofessional Education (IPE) Consortium

2011-2019 The Obesity Society

The Obesity Society Finance Committee (2017-2019)

2018-2019 Sports, Cardiovascular, and Wellness Nutrition (SCAN)

2015-2017	Tarrant Area Academy of Nutrition and Dietetics
2015-2017	Dallas Academy of Nutrition and Dietetics
2009-2015	Lubbock Academy of Nutrition and Dietetics
	Legislative Chair, Lubbock Academy of Nutrition and Dietetics (2010-2015)

23. PROFESSIONALLY RELATED HONORS AND AWARDS:

2022	Outstanding Nutrition Education Award, Texas Academy of Nutrition and Dietetics
2021	Fellow of the Academy of Nutrition and Dietetics, Academy of Nutrition and Dietetics
	Faculty spotlight, Koehler Center for Instruction, Innovation, and Engagement
2018-2021	CSE Director of Interprofessional Education
2020	Collaborative Partner Award, Blue Zones Project, January 22, 2020
	Friend of Extension Award Winner, Texas A&M AgriLife Extension Tarrant County, Winter 2020
2017-2018	Texas Academy of Nutrition and Dietetics Awards Chair
2017-2018	Texas Academy of Nutrition and Dietetics Research and Education Chair
2014-2015	Summer Dissertation Research Award
	Second Place, Graduate Student Research Poster Competition
	Helen DeVitt Jones Excellence in Graduate Teaching Award
	Paul Whitfield Horn Scholarship Recipient
	TEACH Fellow Scholarship Recipient
	First Place, Graduate Student Research Poster Competition
2012-2013	Recognized Young Dietitian of the Year, Texas Academy of Nutrition and Dietetics
	Jane and Joe Gamble Human Sciences Scholarship Recipient
	Presidential Doctoral Ex Scholarship Recipient
	First Place, Graduate Student Research Poster Competition
2011-2015	Graduate Nutritional Human Science Scholarship Recipient
2011-2014	Helen DeVitt Jones Fellowship Endowment
2009	Public Policy Internship Scholarship Recipient
2004-2008	Terry Foundation Scholarship Recipient

24. OTHER PROFESSIONALLY RELATED ACTIVITIES NOT INCLUDED IN ANY OF THE ABOVE CATEGORIES:

2021 Faculty Honors Thesis Chair for Olivia Spears for Senior Honors Thesis in Nutritional Sciences. *Registered Dietitians' Recommendations for Nutrition Education in Medical School Curriculum*.

Faculty Honors Thesis Committee for Mady Whitcher for Senior Honors Thesis in Nutritional Sciences. *The use of a culinary medicine course to improve nutrition knowledge, attitudes, and behaviors of teachers in the K-12 setting*.

Faculty Research Mentor for Tatum Johnston for Undergraduate Research Project. *Enhanced Recovery™ supplementation on omega-3 index of NCAA DI track & field and cross-country athletes*, Department of Nutritional Sciences.

2020 Academy of Nutrition and Dietetics Site Visit, March 1-3, 2020.

Faculty Honors Thesis Committee for Elena Hurd for Senior Honors Thesis in Nutritional Sciences. *Registered Dietitians' Recommendations for Interprofessional Education in Medical School Curriculum*.

2019 Amber Deckard, senior Nutrition major, The effect of knowledge, behaviors and attitudes toward dietary fatty acids on blood lipid level. *The Boller Review* ttps://bollerreview.tcu.edu/article/view/110.

Amber Deckard, senior Nutrition major, was awarded an Honorable Mention for her Honors Thesis presentation at the College of Science & Engineering Boller Competition in March 2019.

Lexi Endicott, senior CP major, was awarded the Outstanding Nutritional Sciences Research Poster Award at the 2019 TCU College of Science & Engineering Sally and Michael McCracken Student Research Symposium.

Amber Deckard, senior Nutrition major, was selected as the Nutritional Sciences SciCom Nomination at the 2019 TCU College of Science & Engineering Sally and Michael McCracken Student Research Symposium.

2018 Faculty Honors Thesis Committee for Sarah Schad. *When the label lies: The impact of child socioeconomic environment on restrictive eating and energy consumption in adulthood*, Department of Psychology.

Faculty Honors Thesis Committee for Sarah Laura Panzone. *Control of transglottal airflow in vowels and connected speech of speakers with Parkinson's Disease*, Department of Speech Pathology.

2017 Miguel Lopez and Danielle Rivera, senior CP majors, were awarded the Outstanding Nutritional Sciences Research Poster Award at the 2017 TCU College of Science & Engineering Sally and Michael McCracken Student Research Symposium.

College of Science & Engineering Honors Symposium Judge, March 29, 2017.

2016 College of Science & Engineering Honors Symposium Judge. March 29, 2016.

Boller Competition for best departmental honors project presentation finals judge. April 5, 2016.

Honors Student Research Symposium Poster Judge. April 8, 2016.

TCU 3-Minute Thesis (3MT) Judge. November 8, 2016.